



Some Small but Timely Help from the Career Counseling Office

In her first year of undergraduate studies, Anja, a student at the Faculty of History and Philology, Department of Journalism and Communication, encountered an opportunity she didn't want to miss. One of the country's most renowned television stations had opened applications for interns. She immediately felt the desire to try, but also a great uncertainty.

"When we received the announcement about an internship opportunity at one of the country's biggest television stations, I immediately felt a mix of emotions—excitement, enthusiasm... and a slight fear. A question kept echoing in my mind: 'How will I apply? What CV am I going to use?' I had no work experience. I didn't feel ready."



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It was precisely at that moment that she recalled a meeting during her first semester when a career counselor named Blerina had stepped into the lecture hall to present the services provided by the Career Counseling Office. In a calm and friendly tone, she had said: "Whenever you need support, come to us. We are here to help you."

The Career Office was located in the faculty building, yet until that moment, the student had walked past it every day without stopping—never giving it much thought. Now, when she truly needed guidance, she decided to step inside. Her meeting with Blerina proved to be a turning point. She didn't feel confident drafting a CV without any work experience. But the counselor didn't focus on what was missing; instead, she started asking the right questions to highlight what truly mattered.

"There I was, with no idea where to begin. When Blerina asked if I had prepared a CV, I felt even more uncertain. "What could I possibly write? I've never worked before." The career counselor proved that professional guidance can be unexpectedly insightful. Instead of focusing on what was missing, she asked about everything the student liked—trainings, passions, experiences she had never considered relevant to a CV. Rather than handing her a generic template, she began asking questions the student had never thought about: "What are your passions? Have you participated in any training? What sparks your curiosity? What motivates you? Have you taken part in any activities during high school?" With her guidance, Anja prepared a CV that was personalized and precise. Each detail was carefully selected, professionally structured, and tailored to the internship opportunity. No longer just an empty list, her CV became a thoughtfully crafted story.

"Suddenly, I realized—I had something to say. There were experiences that represented me, moments that, although not formal jobs, had shaped who I was. She selected the most important ones, refined them, structured them, and created a CV that truly represented me".

And it worked. The student from the University of Tirana, Faculty of History and Philology, was accepted for an internship at the television station. "There, I learned more than I had ever dreamed—how a live broadcast works, how guest interview questions are prepared, what happens behind the cameras, how teamwork unfolds, and how the magic that appears on screen every night is created. It was a world that had always fascinated me, but now, I was experiencing it from the inside."

Often, students download a CV template online, fill in their name and school, and send it off. But what Anja shares today is how she learned from the Career Office that writing a CV is more than just completing a document—it's a way to show who you are, even if you don't yet have extensive work experience. "To present ourselves effectively, sometimes we need a professional to help us see the values we carry within—ones we might not even realize."

Today, Anja concludes her story: "Now, I no longer just walk past that office door. I know that inside, there is an opportunity. Because sometimes, all it takes is one meeting, one question, one conversation... to open a new path."